

DEPARTMENT OF THE NAVY
NAVAL MOBILE CONSTRUCTION BATTALION 23
DETACHMENT 0423
6205 Stuart Rd Suite 101
Fort Belvoir, VA 22060-5275
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PLAN OF THE MONTH FOR MAY 1999
RSS Drill Dates 15-16 May 1999

The plan of the month contains both official and unofficial information. All personnel are charged with the knowledge of its content.

CHAIN OF COMMAND

2ND Brigade:	RADM M. Johnson, CEC, USN
3RD Regiment:	CAPT J. Smith, CEC, USNR
Commanding Officer:	CDR B. Sisson, CEC, USNR
Executive Officer:	LCDR W. Lin, CEC, USNR
Command Master Chief:	CUCM H. Ellis, USNR
Detachment OIC:	LT C. Carandang, CEC, USNR
Detachment AOIC:	SWC J. Johovic, USNR
Detachment Chief:	CMC H. Huston, USNR
Detachment Ombudsman:	Mrs. Cindy Harpere

AUTHORIZED DRILL UNIFORM

Uniform of the Day:	Officers and Chiefs	E-1 to E-6
Working Uniform:	Service Dress White	Summer Whites
	Camouflage Utility Uniform/Khakis	Camouflage Utility Uniform

RSS DRILL SCHEDULE

Saturday, 15 May 99	Sunday, 16 May 99
0645 - Staff Call	0700 - Staff Call
0715 - Muster for AM Drill	0715 - Muster for AM Drill
1100 - Worship Service	1220 - Muster for PM Drill
1220 - Muster for PM Drill	1530 - PRT Make-Up
1530 - PRT/ Final Muster	1630 - Final Muster

FUTURE DRILL DATES

June 12-13	July 17-18	August 14-15	September 18-19
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SIGNIFICANT FUTURE EVENTS

June	Battalion Picnic
July	General Military Training
August	Advancement Exams (15 & 29) at the RESCEN
	Retirement Ceremony
	NMCB 23 Reunion at Pittsburgh
September	Officers and Chiefs Conference
	Change of Command

1. If unable to attend a scheduled drill, contact the Detachment Chief, AOIC or OIC before the end of the Saturday morning drill. Points of contact:

UNIFORM STANDARDS :

1. Wearing of the proper uniform and grooming standards is mandatory for reservists to receive drill credit and pay. This applies to all drill locations and projects. All appropriate tapes and patches must be sewn on. Soft covers are to be worn with the CUU at the RSS. Members will continue to wear hard hats when participating in construction projects.

PHYSICAL EXAMS :

1. Unless you are in a program requiring more frequent examination (Aviation, Submarine, Diving, and Special Operations), full physical examinations will occur at the following intervals:
 - upon entry to enlisted or commissioned active duty, then
 - at intervals of 5 years through age 50, then
 - at intervals of 2 years through age 60, then
 - annually after age 60.
2. Short form physical examinations are required annually. These exams can be done at the RSS Medical Department.

DENTAL READINESS :

1. All Reserve personnel must be Class I or II to qualify as a "Condition of Employment." Members less than Class II will be notified in writing. This will then be acknowledged by a Page 13 entry. Members will have 180 days to correct their dental deficiencies. Failure to comply with the requirement to obtain dental readiness can result in processing for administrative separation.
2. Dental Insurance is now available for drilling reservists through Humana Military Healthcare Services, Inc. The government pays 60% of the monthly premium which means the members cost is a very reasonable \$4.36 per month. This premium can be deducted automatically from your drill pay. To request more information call Humana at 1-800-211-3614, or contact the battalion dental officer, CDR Schaeffer. Please be aware that coverage is limited to certain procedures and your "out-of-pocket " expenses for this type of insurance may differ depending whether you see a participating or non-participating dentist.

APG PROGRAM : Members who joined the Naval Reserve under the Advanced Pay Grade program and did not complete APG school or other requirements within the time period allotted will be discharged as an entry level separation. The APG School is required to be completed in the first 12 months of accession, if not the member must complete a waiver. Also, individuals who have not attended APG School to date must report to the RESCEN Manpower Dept to sign a Page 13 concerning swim qualifications. Direct all questions to YN3 Martin at (202) 433-2808.

ANNUAL TRAINING :

1. Allow a minimum of 5 days for check-out prior to your AT reporting date. This provides sufficient time to verify service records, obtain necessary procedures (e.g. HIV, immunizations, etc.), and update reserve status. AT orders are issued at the RESCEN Training Department. Call ahead and verify whether your AT orders are available for pick-up. When signing-out your medical records, request the Medical Department update your status in their computer system to identify required immunizations and medical procedures. While on AT, obtain these immunizations and procedures at the nearest military medical facility.
2. Personnel returning from AT must check-in at the RESCEN with their signed and stamped AT orders. If your AT includes IDTT days, you must submit a separate copy of these orders to be paid for the IDTT. Remember to only submit a copy and to keep the originals. A copy of both IDTT and AT orders must also be submitted to the Detachment Office on the morning of your next scheduled drill.
3. Once payment is received, submit 3 copies of liquidated AT/ IDTT orders and travel voucher to RESPAY to receive corresponding retirement points.

NEW MONTGOMERY G.I. BILL RATES : The full-time rate for Active Duty is \$528 and for Reserve is \$254.

May Notes:

1. All personnel coming back from **MILEX: Sharpwedge 99**, Congratulations and Welcome Back!
2. The following personnel have an upcoming EOS and must notify the RESCEN Command Career Counselor and Reserve PSD Washington of their career intentions:

DK3 McKnight CM1 Jackson CMC Huston

3. The following personnel have their **5-year full physical examination** expired or will soon to expire. Contact the RESCEN Medical Department to schedule your examination at Bethesda Naval Hospital:

UT2 Hamilton (12/ 93)	BU2 Tibbs (5/93)	CM1 Jackson (2/93)
CE2 Stuart (10/93)	EO2 Warner (12/93)	BU2 Albrittion (3/94)
UT3 Deason (2/94)	EO1 Miskin (12/94)	GM1 Tkach (1/94)
HT1 White (1/94)	CE2 Haszard (1/94)	UT1 Perry (1/94)
CE3 Hamlett (5/94)	BU2 Wiedmaier (6/94)	CE3 Boseman (6/94)
EO2 Bowman (8/94)	CM2 Harperee (5/94)	SW2 Whittington (11/94)
SK3 Cobb (4/94)	SN Smith (5/94)	SK3 Vargas (no date)
BU3 Dickerson (6/94)	EA2 Frankenfield (4/94)	CM3 Pooler (3/94)
MS2 Kachmar (2/94)		

4. Advance per diem will no longer be provided to reservists performing IDTT, AT, ADT, or ADSW. All detachment members must either have a **Government Travel Charge Card (GTCC)**, a personal credit card if they have declined a GTCC, or their own funds prior to commencing IDTT, AT, ADT, or ADSW. Stop-by the detachment office during the May drill weekend to submit an application for a GTCC, a certification that another valid Government card is held, or a written declination of the GTCC.

C. R. CARANDANG